WHAT YOU WILL FIND INSIDE....

WHY WE GROW KIDS!

LET'S BEGIN WITH SEL, ANYWHERE 1

SEL is the Essential Survival Skill

Now, Let's Explore the Basics

Why Use Stories and Storytelling?

Why Role-Play and Creative Drama for SEL?

Why Creative Writing?

What About Creative Music?

Need a Starter? Recipe For Success

The Takeaway 33

SEL WITH INFANTS, TODDLERS, and PRESCHOOLERS 38

It's Never Too Early to Begin SEL

Play and Storytelling with Infants and Toddlers

Music and Movement with Infants and Toddlers

Shorthand Guide

SEL with Preschoolers

Storytelling, Role-Play, and Drama with Preschoolers

Prewriting Readiness with Preschoolers

Music and Movement with Preschoolers

The Takeaway

SEL WITH EARLY LEARNERS 86

Now, Broaden Your SEL Rhythms Together

Shorthand Guide

Role-Play and Storytelling with Early Learners

Creative Writing in the Early School Years

Music and Movement with Early Learners

The Takeaway

SEL WITH PRETEENS 121

Look for the Paradox, Maintain, Change, Expand

Shorthand Guide

Storytelling, Role-Play, and Drama with Preteens

Creative Writing with Preteens

Music and Movement with Preteens

SEL WITH TEENS 159

Think for Yourself and About Others, Too

Shorthand Guide

Role-play for Communication and Interpersonal Skills

Sociodrama for Real-Life Issues

Creative Writing with Teens

Music and Movement with Teens

The Takeaway

DEVELOPMENTAL GUIDE TO SEL (Summary) 222

Background Readings 224

Acknowledgments 229

About The Developmental Therapy Institute 230

About The Editor 232

